

This is intended as a guide to show what is allowed at the various steps and is subject to change dependant on Scottish Government advice/legislation.

	ENHANCED LEVEL 4 RESTRICTIONS/LOCKDOWN <i>current</i>	STEP 1 (described as a move to a modified Level 3) from 26th April 2021*	STEP 2 (described as a move to Level 2) from 17th May 2021*	STEP 3 (described as a move to Level 1) from 7th June 2021*	STEP 4 (described as a move to Level 0) from 28th June 2021*
<b>CLUBS &amp; PLAYERS</b>  <b>Full Guidance:</b> Section 3 & 4	No squash permitted.  Leisure centres, gyms and other indoor sports facilities closed.	<b>For Children (U18):</b> All squash activity permitted.	<b>For Children (U18):</b> All squash activity permitted.	<b>For Children (U18):</b> All squash activity permitted.	<b>For Children &amp; Adults:</b> All squash activity permitted.
<b>COACHING</b>  <b>Full Guidance:</b> Section 5		<b>For Children (U18):</b> All squash coaching activity permitted.	<b>For Children (U18):</b> All squash coaching activity permitted.	<b>For Children (U18):</b> All squash coaching activity permitted.	<b>For Children &amp; Adults:</b> All squash coaching activity permitted.
<b>COMPETITIONS</b>  <b>Full Guidance:</b> Section 6		<b>For Children (U18):</b> Squash competitions permitted. (restrictions on numbers).	<b>For Children (U18):</b> Squash competitions permitted. (restrictions on numbers).	<b>For Children (U18):</b> Squash competitions permitted. (restrictions on numbers).	<b>For Children &amp; Adults:</b> Squash competitions permitted (possible restrictions on numbers).
		<b>For Adults (18+):</b> Solo and household (including extended household) squash activity permitted.	<b>For Adults (18+):</b> Solo and household (including extended household) squash activity permitted.	<b>For Adults (18+):</b> Solo and household (including extended household) squash activity permitted.	Some restrictions around physical distancing/face coverings in public areas etc. may apply
		<b>For Adults (18+):</b> Solo and household (including extended household) coaching activity permitted.	<b>For Adults (18+):</b> Solo and household (including extended household) coaching activity permitted.	<b>For Adults (18+):</b> Solo and household (including extended household) coaching activity permitted.	Some restrictions around physical distancing/face coverings in public areas etc. may apply
		<b>For Adults (18+):</b> Squash competitions not permitted.	<b>For Adults (18+):</b> Squash competitions not permitted.	<b>For Adults (18+):</b> Squash competitions not permitted.	Some restrictions around physical distancing/face coverings in public areas etc. may apply

A full copy of the 'Covid-19 Guidance for Squash Clubs, Players, Coaches & Competitions in Scotland' is available on our [website](https://www.scottishsquash.org/covid-guidance) and via the link below: [www.scottishsquash.org/covid-guidance](https://www.scottishsquash.org/covid-guidance)

\*Indicative dates are conditional on supportive data, and are subject to change by The Scottish Government.