

This is intended as a guide to show what is allowed at the various steps and is subject to change dependant on Scottish Government advice/legislation.

	ENHANCED LEVEL 4 RESTRICTIONS/LOCKDOWN <i>current</i>	STEP 1 (described as a move to a modified Level 3) from 26th April 2021*	STEP 2 (described as a move to Level 2) from 17th May 2021*	STEP 3 (described as a move to Level 1) from 7th June 2021*	STEP 4 (described as a move to Level 0) from 28th June 2021*	
CLUBS & PLAYERS Full Guidance: Section 3 & 4	No squash permitted. Leisure centres, gyms and other indoor sports facilities closed.	For Children (U18): All squash activity permitted.	For Children (U18): All squash activity permitted.	For Children (U18): All squash activity permitted.	For Children & Adults: All squash activity permitted. Some restrictions around physical distancing/face coverings in public areas etc. may apply	
COACHING Full Guidance: Section 5		For Children (U18): All squash coaching activity permitted.	For Children (U18): All squash coaching activity permitted.	For Children (U18): All squash coaching activity permitted.		For Children & Adults: All squash coaching activity permitted. Some restrictions around physical distancing/face coverings in public areas etc. may apply
COMPETITIONS Full Guidance: Section 6		For Children (U18): Squash competitions permitted. (restrictions on numbers).	For Children (U18): Squash competitions permitted. (restrictions on numbers).	For Children (U18): Squash competitions permitted. (restrictions on numbers).		
	For Adults (18+): No adult indoor contact sport. Solo/household squash permitted.	For Adults (18+): No adult indoor contact sport. Solo/household squash permitted.	For Adults (18+): No adult indoor contact sport. Solo/household squash permitted.			
	For Adults (18+): No adult indoor contact sport. Solo/household squash coaching permitted. Restrictions on coach positioning.	For Adults (18+): No adult indoor contact sport. Solo/household squash coaching permitted. Restrictions on coach positioning.	For Adults (18+): No adult indoor contact sport. Solo/household squash coaching permitted. Restrictions on coach positioning.			
		For Adults (18+): Squash competitions not permitted.	For Adults (18+): Squash competitions not permitted.	For Adults (18+): Squash competitions not permitted.		

A full copy of the 'Covid-19 Guidance for Squash Clubs, Players, Coaches & Competitions in Scotland' is available on our [website](https://www.scottishsquash.org/covid-guidance) and via the link below: www.scottishsquash.org/covid-guidance

*Indicative dates are conditional on supportive data, and are subject to change by The Scottish Government.